



Ruth Armitage

## Supply List

Below I list supplies that I prefer, but you may bring anything and everything that you normally work with. I find that professional quality supplies generally yield the best results. Please do not bring student grade paper! Questions? Please don't hesitate to email me! [ruth@rutharmitage.com](mailto:ruth@rutharmitage.com)

Large (at least cool whip size) water container

Cotton Rag for blotting brush (old diapers work well)

Reference photos taken by you or drawings from life

Paper towels, tissues, stamps, stencils, texture making items such as fabrics, thread/string, rug stay, etc.

Small spray bottle for water, Watercolor or Acrylic Palette

Artist's Tape, Pencil, Eraser, gatorboard or foam core for stretching paper, Sketchbook

Tracing paper by Canson, Masking Tape

Wide or Brush Tip Black Marker, such as Pitt or Tombow artists pen (not sharpies please!)

Scissors or craft knife

Caran d'Ache Watercolor Crayons or W/C pencils (if you have them) and or charcoal

Large newsprint or drawing pad

Paper: I use either 300 lb. Fabriano Uno, Soft Press or 140 lb. CP Arches but bring what you normally use & like as long as it is 100% Rag. If you would like to paint on yupo, bring one or two sheets. I will demonstrate a few yupo techniques during the weekend. Also, if you will be painting on yupo, bring a couple of 1" foam roller brushes. If working with Acrylic you may also bring Canvas or Rives BFK Printmaking paper.

Brushes: I use an assortment of round & flat synthetics/sables, plus

A 1" Skipper brush available from Cheap Joe's catalog (1-800-227-2788) Daniel Smith also sells a similar brush (Susie Short's 1" bristle)

Paints: Watercolor or Acrylic Bring whatever you usually use. Winsor & Newton Designer's White Gouache will be your friend if you bring it. Here are some of my favorite watercolors:

Daniel Smith: Quinacridone Gold, Green Gold, Cobalt Blue, Sap Green, Raw Umber

Holbein: Blue Grey, Jaune Brilliant #1, Cobalt Violet Light, Indian Yellow, Raw Umber, Turquoise

Da Vinci: Brown Madder Quinacridone, Thioindigo Violet or Quin. Violet

Sennelier: French Vermillion

M. Graham: everything!

American Journey (Cheap Joe's) Reddish Black, Shadow

Winsor & Newton: (I like most of the commonly used colors, including:)

Cadmium Orange, Cadmium Scarlet, Raw Sienna, Cerulean Blue, Ultramarine Blue, Cadmium Lemon, Aureolin, Winsor Green, Yellow Ochre, Burnt Sienna & more  
\*Designers White Gouache

For Acrylic painters: A basic palette of Quinacridone Red, Hansa Yellow Medium, Phthalo Blue, White and Black, plus any other colors that appeal to you. I especially like Quinacridone Gold and Rich Green Gold. Also helpful is Golden's Open Medium. Mixing surface such as a paper palette

If you have a Gelli Plate, you may wish to bring that, along with a soft rubber brayer.  
Other tools I often use:

Water-brush by Niji ([http://www.dickblick.com/search/?q=waterbrush+&x=-749&y=-178&sp\\_cs=UTF-8](http://www.dickblick.com/search/?q=waterbrush+&x=-749&y=-178&sp_cs=UTF-8))

Progresso Mini Spatula ([http://www.amazon.com/SILICONE-MINI-SPATULA-SPREADER-GREEN/dp/B002SBQLG6/ref=sr\\_1\\_fkmr0\\_3?ie=UTF8&qid=1388435495&sr=8-3-fkmr0&keywords=mini+silicone+spatula+progresso](http://www.amazon.com/SILICONE-MINI-SPATULA-SPREADER-GREEN/dp/B002SBQLG6/ref=sr_1_fkmr0_3?ie=UTF8&qid=1388435495&sr=8-3-fkmr0&keywords=mini+silicone+spatula+progresso))

Silicone Bowl Scraper ([http://www.amazon.com/Messermeister-Silicone-Bowl-Scraper-Blue/dp/B003J373TQ/ref=sr\\_1\\_1?ie=UTF8&qid=1388436461&sr=8-1&keywords=messermeister+bowl+scraper](http://www.amazon.com/Messermeister-Silicone-Bowl-Scraper-Blue/dp/B003J373TQ/ref=sr_1_1?ie=UTF8&qid=1388436461&sr=8-1&keywords=messermeister+bowl+scraper))